

# National DNA DAY APRIL 25

## Celebrating Genomics Through Awareness

### April 25, 2021 is DNA Day!

DNA day was started in 2003 in order to celebrate the completion of the Human Genome Project, and to honor the discovery of DNA's double helix structure by James Watson, Francis Crick and Rosalind Franklin in 1953.

### What is DNA?

DNA is the molecule that carries the genetic material or instructions for us to live and function. Because DNA plays such an important role in our lives (literally!) it is important to learn more about DNA, genetics and genomics. Healthcare providers such as geneticists and genetic counselors help us understand more about our DNA and what influence it might have on our health and the health of our family members.

### Ways to celebrate:

Please celebrate #DNAday with us by checking out the sources below to learn more about DNA, genetics, and professions in the genetics field.

- Interested in learning more about DNA, DNA day and ways to get involved (and have fun)? <https://www.genome.gov/dna-day>
- Social media:  
🐦 @DNAday 📘 National DNA day **...and don't forget** #DNAday
- Want to know more about how your genes impact your health and that of your family members? Genetics providers are trained to support you in navigating this journey! Here are some resources for you:
  - National Society of Genetic Counselors (NSGC) website <https://www.nsgc.org/>
  - Illinois Society of Genetic Professionals (ISGP) website <https://www.illinoisgenetics.org/>
  - Find out about educational resources, advocacy opportunities, news and events happening in the professional world on the American College of Medical Genetics and Genomics (ACMG) website <https://www.acmg.net/>

Happy DNA day!



Illinois Society of  
**Genetic Professionals**